



OCTOBER 2018

Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Catch & Throw 1 9:00am Mahjong: 1:00pm Spanish Reading 3:00pm Chess: 3:00 - 4:30pm	Pickle Ball 2 6:00am Men's Billiards Tournament 2:00pm	Arts & Crafts: 10:00am 3 9-Ball Tournament 1:00pm Line Dancing 2:00 - 4:00pm Happy Hour: 4:00pm Trivia: 5:00pm	Pickle Ball: 6:00am 4 Catch & Throw: 9:00am Mahjong: 1:00pm 4-Person 8-Ball Tournament: 1:00pm Water Volleyball: 2:00pm Pinocle: 2:30 - 4:30pm Bunco: 6:00pm	Egoscue 5 Presentation: 10:30am Bridge 1:00 - 3:00pm Texas Hold 'Em 2:00pm Mexican Train: 2:30pm	Pickle Ball 6 6:00am Coffee, Cactus & Conversation Greyhound Rescue & Sol Dog Lodge 10am - 12pm
Pickle Ball 7 6:00am Line Dancing 11:00am Open Game Day 1:00pm	Catch & Throw 8 9:00am Mahjong: 1:00pm Spanish Reading 3:00pm Chess: 3:00 - 4:30pm Creative Cooking Club 4:30pm	Pickle Ball 9 6:00am Book Group: 2:00pm Men's Billiards Tournament 2:00pm Fitness Machine Orientation: 3:00pm	Arts & Crafts 10 10:00am 9-Ball Tournament: 1:00pm Line Dancing 2:00 - 4:00pm RV Club: 3:00pm Silent Auction: 4:00 - 7:00pm Happy Hour: 4:00pm Taco Truck: 5:00pm	Pickle Ball: 6:00am 11 Catch & Throw: 9:00am Ladies Potluck Luncheon: 11:30am Mahjong: 1:00pm 4-Person 8-Ball Tournament: 1:00pm Water Volleyball: 2:00pm Pinocle: 2:30 - 4:30pm	Watercolor Class 12 10:00am Bridge 1:00 - 3:00pm Texas Hold 'Em 2:00pm Mexican Train 2:30pm	Pickle Ball 13 6:00am Pickle Ball Gallery @ DWDM: 8:00am Pickle Ball Instruction Lesson: 1:00pm
Pickle Ball 14 6:00am Line Dancing: 11:00am Canasta Hand & Foot Game 1:00pm - 3:00pm Open Game Day 1:00pm	Catch & Throw 15 9:00am Mahjong: 1:00pm Spanish Reading 3:00pm Chess: 3:00- 4:30pm Genealogy: 4:00pm	Pickle Ball 16 6:00am Bio Touch Practice 1:00pm - 3:00pm Men's Billiards Tournament 2:00pm	Arts & Crafts 17 10:00am Ladies Outing: 11:30am 9-Ball Tournament 1:00pm Line Dancing Cancelled Happy Hour & Fashion Show: 3:00pm	Pickle Ball: 6:00am 18 Catch & Throw: 9:00am Retired Fire/Police & Spouse Social: 9:00am Mahjong: 1:00pm 4-Person 8-Ball Tournament: 1:00pm Water Volleyball: 2:00pm Pinocle: 2:30 - 4:30pm	Mosaic Guys 19 Class - 10am - 4pm Bridge - 1:00 - 3:00pm Watercolor Class: 10:00am Texas Hold 'Em 2:00pm Mexican Train: 2:30pm	Pickle Ball Games 6:00am
Pickle Ball 21 6:00am Line Dancing 11:00am Open Game Day 1:00pm	Catch & Throw 22 9:00am Mahjong 1:00pm Spanish Reading 3:00pm Chess: 3:00 - 4:30pm	Pickle Ball 23 6:00am Men's Billiards Tournament 2:00pm	Arts & Crafts 24 10:00am Stamping Group 12:30pm 9-Ball Tournament: 1pm Line Dancing 2:00 - 4:00pm Happy Hour: Cancelled	Pickle Ball: 6:00am 25 Catch & Throw: 9:00am Mahjong: 1:00pm 4-Person 8-Ball Tournament: 1:00pm Water Volleyball: 2:00pm Pinocle: 2:30 - 4:30pm Los Amigos Group 5:15pm	Watercolor 26 Class: 10:00am Bridge 1:00 - 3:00pm Texas Hold 'Em 2:00pm Mexican Train: 2:30pm	Pickle Ball 27 Pick-up Games 6:00am Pickle Ball DWDM @ Gallery: 8:00am HALLOWEEN PARTY 6:00 - 10:00pm
Pickle Ball 28 6:00am Line Dancing 11:00am Open Game Day 1:00pm Canasta Hand & Foot 1:00pm	Catch & Throw 29 8:00am Mahjong 1:00pm Chess 3:00 - 4:30pm	Pickle Ball 30 6:00am Men's Billiards Tournament 2:00pm	Arts & Crafts 31 10:00am 9-Ball Tournament 1pm Line Dancing 2:00 - 4:00pm Happy Hour: 4:00pm	Coffee, Cactus & Conversation - Presentation by Greyhound Rescue Dog Lodge and Training Center. Fashion Show by Taylor Marie's - Wednesday, October 17th 3-7pm Halloween Party 6-10pm. Sign up online or at the Welcome Desk by October 24th. Collection for Humane Society of Southern AZ. (through end of the month)		



OCTOBER 2018

Health & Fitness

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	Yogalates 1 8:15am Zumba® 9:30am	Aqua Aerobics 2 7:30am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am	Bootcamp 3 8:00am Move It Aerobics 9:15am Yoga 10:30am	Aqua Aerobics 4 7:30am Essentrics® - 9:00am Essentrics® - Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am Strong & Fit - 2:00pm	Bootcamp 5 8:00am Move It Aerobics 9:15am Egoscue Presentation 10:30am	Strong and Fit 6 8:00am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am	
	Yogalates 8 8:15am Zumba® 9:30am	Aqua Aerobics 9 7:30am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am	Bootcamp 10 8:00am Move It Aerobics 9:15am Yoga 10:30am	Aqua Aerobics 11 7:30am Essentrics® - 9:00am Essentrics® - Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am Strong & Fit - 2:00pm	Bootcamp 12 8:00am Move It Aerobics 9:15am	Strong and Fit 13 8:00am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am	
	Yogalates 15 8:15am Zumba® 9:30am	Aqua Aerobics 16 7:30am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am	Bootcamp 17 8:00am Move It Aerobics 9:15am Yoga 10:30am	Aqua Aerobics 18 7:30am Essentrics® - 9:00am Essentrics® - Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am Strong & Fit - 2:00pm	Bootcamp 19 8:00am Move It Aerobics 9:15am	Strong and Fit 20 8:00am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am	
	Yogalates 22 8:15am Zumba® 9:30am	Aqua Aerobics 23 7:30am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am	Bootcamp 24 8:00am Move It Aerobics 9:15am Yoga 10:30am	Aqua Aerobics 25 7:30am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am Strong & Fit - 2:00pm	Bootcamp 26 8:00am Move It Aerobics 9:15am	Strong and Fit 27 8:00am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am	
	Yogalates 29 8:15am Zumba® 9:30am	Aqua Aerobics 30 7:30am Essentrics® - 9:00am Essentrics® Release, Rebalance, Restore - 10:15am Vibrant Living - 10:30am	Bootcamp 31 8:00am Move It Aerobics 9:15am Yoga 10:30am	Fitness Class Prices \$45 unlimited fitness passes for a calendar month - includes all classes. \$25 five class fitness passes are available for the \$5 classes. \$15 five class fitness passes are available for the \$3 classes. Personal Training: \$50/hour Adult Guest Day Pass: \$5/day Child Guest Day Pass: \$2/day			Pricing: \$3 Classes \$5 Classes